

2009	1	07-Jan-09	Gestalt questioning
	2	14-Jan-09	General adaptation syndrome
	3	21-Jan-09	Psychosynthesis
	4	28-Jan-09	Sexual orientation
	5	04-Feb-09	Satre
	6	11-Feb-09	Terminal cancer patient
	7	18-Feb-09	Harter
	8	25-Feb-09	Why has psychotherapy not replaced drugs as the treatment of choice?
	9	04-Mar-09	Developmental map
	10	11-Mar-09	Mild anorexic
	11	18-Mar-09	Extrinsic motivation
	12	25-Mar-09	Jesus and hypnosis
	13	01-Apr-09	Stages of change
	14	08-Apr-09	Pain
	15	15-Apr-09	Letting go
	16	22-Apr-09	Morbidity
	17	29-Apr-09	A Victim (Christine)
	18	06-May-09	Anxiety and the media
	19	13-May-09	Food rituals
	20	20-May-09	Body image
	21	27-May-09	Character defence
	22	03-Jun-09	Projective identification
	23	10-Jun-09	Emotional flavour
	24	17-Jun-09	Utilisation
	25	24-Jun-09	Sport
	26	01-Jul-09	Ethnicity
	27	08-Jul-09	Beauchamp and Childress
	28	15-Jul-09	Psychosomatic cough
	29	22-Jul-09	Repression
	30	29-Jul-09	Beck
	31	05-Aug-09	Big 5 personality factors
	32	12-Aug-09	Female sexual dysfunction

33	19-Aug-09	Relationships and well being
34	26-Aug-09	Transference
35	02-Sep-09	CORE measure of quality of life
36	09-Sep-09	Severe anorexic
37	16-Sep-09	Albert Bandura
38	23-Sep-09	Karen Horney
39	30-Sep-09	Emetophobia (Linda)
40	07-Oct-09	WHO is your client?
41	14-Oct-09	Impact of physiology/environment
42	21-Oct-09	Smoking
43	28-Oct-09	Donald Winnicott
44	04-Nov-09	Hypnosis in popular culture
45	11-Nov-09	Geen you're wonderful professor
46	18-Nov-09	Freudian model of psyche
47	25-Nov-09	Sub-personalities
48	02-Dec-09	Loneliness
49	09-Dec-09	Exercise and mental health
50	16-Dec-09	Abraham Maslow
2010	06-Jan-10	Ouija board
2	13-Jan-10	James (paraparetic)
3	20-Jan-10	I'm worthless (Sharon)
4	27-Jan-10	The ethics of when to regress
5	03-Feb-10	Philosophical counselling
6	10-Feb-10	Karl Jaspers
7	17-Feb-10	Christmas phobia (Vicky)
8	24-Feb-10	Religion
9	03-Mar-10	Efficacy of psychotherapy
10	10-Mar-10	Morality
11	17-Mar-10	Different goals
12	24-Mar-10	Projection
13	31-Mar-10	Buddhist psychotherapy
14	07-Apr-10	Parts

15	14-Apr-10	Gestalt boundary disturbances
16	21-Apr-10	Fast phobia
17	28-Apr-10	Onfic/ontological anxiety
18	05-May-10	Stress inoculation
19	12-May-10	Gestalt cycle of awareness
20	19-May-10	George Engel's Biopsychosocial Model
21	26-May-10	Dental phobia (Becky)
22	02-Jun-10	Psoriasis
23	09-Jun-10	Jean Liedloff
24	16-Jun-10	Classical and operant conditioning
25	23-Jun-10	Existential angst/givens
26	30-Jun-10	Durkheim and suicide
27	07-Jul-10	Shavelson
28	14-Jul-10	Hypnosis and the cult of personality
29	21-Jul-10	Daniel Stern
30	28-Jul-10	Touch
31	04-Aug-10	Graham (working at a relationship)
32	11-Aug-10	Smoking
33	18-Aug-10	Guilty secret (Leslie)
34	25-Aug-10	Working with GPs
35	01-Sep-10	Is happiness genetic?
36	08-Sep-10	Virginia Satir
37	15-Sep-10	Goals
38	22-Sep-10	The wife beater
39	29-Sep-10	Boundaries
40	06-Oct-10	Freudian defence mechanisms
41	13-Oct-10	The road less travelled
42	20-Oct-10	The disease model
43	27-Oct-10	Bill
44	03-Nov-10	Tim
45	10-Nov-10	Intrinsic motivation
46	17-Nov-10	Stress and coping resources

47	24-Nov-10	Truth
48	01-Dec-10	Legislation: pros and cons
49	08-Dec-10	Consequentialism
50	15-Dec-10	Hypochondriac
2011	05-Jan-11	Rogers
	12-Jan-11	IBS
	19-Jan-11	Locus of control
	26-Jan-11	Emetophobia (Trisha)
	02-Feb-11	Being professional
	09-Feb-11	Abuse
	16-Feb-11	Adler
	23-Feb-11	Studying
	02-Mar-11	Inferiority/Superiority complexes
	09-Mar-11	Relationships
	16-Mar-11	Humanistic principles
	23-Mar-11	The miserable coaching client
	30-Mar-11	Right to well being (Roger)
	06-Apr-11	Martin Seligman
	13-Apr-11	David Myer
	20-Apr-11	Problem gambler
	27-Apr-11	Goals of therapy
	04-May-11	Marcus Aurelius
	11-May-11	Empathy
	18-May-11	Sexuality
	25-May-11	Narrative psychotherapy
	01-Jun-11	Attitude
	08-Jun-11	Meditation and psychotherapy
	15-Jun-11	Can a person be "well" without a spiritual dimension to their life?
	22-Jun-11	Congruence
	29-Jun-11	Eneuresis
	06-Jul-11	Causes of depression
28	13-Jul-11	CAPC Counselling levels

29	20-Jul-11	TA: ego states
30	27-Jul-11	Smoking
31	03-Aug-11	Flow
32	10-Aug-11	Erich Fromm
33	17-Aug-11	Is therapy placebo?
34	24-Aug-11	Metaphors: surface structure
35	31-Aug-11	Testimonials
36	07-Sep-11	Yapko's view on resistance
37	14-Sep-11	Categorical imperative
38	21-Sep-11	Alladin
39	28-Sep-11	Cultural imperialism
40	05-Oct-11	Hartland
41	12-Oct-11	Social learning theory
42	19-Oct-11	Male sexual dysfunction
43	26-Oct-11	Existential philosophy
44	02-Nov-11	Skinner
45	09-Nov-11	Neurological levels
46	16-Nov-11	Pain
47	23-Nov-11	Why don't you... Yes but
48	30-Nov-11	State vs non state theories
49	07-Dec-11	Past life regression
50	14-Dec-11	Hierarchy of values
2012	04-Jan-12	Listening skills
	11-Jan-12	Exploitation
	18-Jan-12	Working with clients you don't like
	25-Jan-12	Jung's shadow
	01-Feb-12	TA: drama triangles
	08-Feb-12	Weight
	15-Feb-12	The ethics of offering treatment
	22-Feb-12	Self esteem
	29-Feb-12	Attribution
	07-Mar-12	Gregory Bateson

11	14-Mar-12	Anxiety
12	21-Mar-12	Bullying
13	28-Mar-12	Locus of evaluation
14	04-Apr-12	Jung
15	11-Apr-12	Confidentiality
16	18-Apr-12	Feelings into words
17	25-Apr-12	Collusion
18	02-May-12	Harry Stack Sullivan
19	09-May-12	Secretive bulimic (Jenny)
20	16-May-12	Hypnotic language of world leaders
21	23-May-12	Rollo May
22	30-May-12	Memory
23	06-Jun-12	Phobia of sharks
24	13-Jun-12	Ellis
25	20-Jun-12	TA: life scripts etc
26	27-Jun-12	Elman
27	04-Jul-12	John Bowlby
28	11-Jul-12	Metaphors: deep structure
29	18-Jul-12	Gender
30	25-Jul-12	Sexual guilt
31	01-Aug-12	Mary (Catholic)
32	08-Aug-12	Anchoring
33	15-Aug-12	Ian Suttie
34	22-Aug-12	Cannabis user
35	29-Aug-12	Pros and cons of being eclectic
36	05-Sep-12	Melanie Klein
37	12-Sep-12	Hypnosis: pros and cons in practice
38	19-Sep-12	Self perception
39	26-Sep-12	Deathbed/miracle questions
40	03-Oct-12	Transcendental experiences
41	10-Oct-12	What is psychological health?
42	17-Oct-12	Victor Frankl

43	24-Oct-12	Health, well being and happiness
44	31-Oct-12	RD Laing
45	07-Nov-12	Spiritual differences
46	14-Nov-12	Cultural differences
47	21-Nov-12	UPR
48	28-Nov-12	Jean Piaget
49	05-Dec-12	Abreaction
50	12-Dec-12	Personal construct theory